

COVID-19 INFORMATION FOR PARENTS

Information Advice and Support Manchester

Struggling to find the information you need? Just give IASM a call on **0161 209 8356** and they'll help you find the right information

and advice. If they don't have the answers, they'll find out for you. Leave your name and number, and in most cases you'll get a call back the same day.

Educational Psychology helplines

Need help with issues relating to educating your child/young person at home and responding to learning, behaviour, anxiety and mental health needs? Educational Psychology have a helpline offering problem-solving conversations with parents of children with SEND. You can



Educational Psychologists can also talk to parents about supporting children with bereavement and loss relating to COVID-19. You can contact them on **0161 276 0115**, Monday to Friday, 9am-12 noon.







The Local Offer and our virtual SEND drop-ins

Because of COVID-19 we can't run our monthly face-to-face drop-ins, but all the usual services are ready and waiting to hear from you online or by phone. Included are IASM, Short Breaks, Education Psychology, Manchester Parent Carer Forum, Manchester Parent Champions, the Local Offer team, and others. For details of the next virtual drop-in call **0161 234 1946**, or go to the link on the front page of the Local Offer:

(If you have difficulties using the website or finding what you're looking for, give us a ring.)

Manchester Community Response helpline

If you need help to deal with the impacts of coronavirus, phone **0800 234 6123** for advice and support with food, shopping, loneliness, homelessness, money matters, fuel and medication. The helpline is open Monday to Saturday, 8.30am-5.30pm.

Support for young/young-adult carers

If there's a child or young person in your home who helps to care for a family member with an illness or disability, support is available for them:

Call Manchester's Community Response helpline (see above). Manchester Carers Centre Young Adult Carers Project (for 16–25s) can be contacted on **0161 272 7270**.

Alternatively, Manchester City Council's Contact Centre can signpost you to the right support on **0161 234 5001**.

