



Hello,

We would like to invite you to attend the About Me training session on behalf of our About Me Project Group, (Parents/Carers, Education, Health and Care Collaborative).

Parents and carers tell us that having to tell their story over and over and repeatedly explaining how to support their child or young person, can be emotionally draining, and upsetting. Parents feel that one great way to help with this would be to have a consistent person-centred profile available and used by professionals in all settings.

The About Me Project Group has developed a person-centred profile for children and young people. We're calling these profiles 'About Me and More About Me'. They are universally recognised by Manchester.

The About Me profiles can be used in all settings across education, health, and care when you are supporting a child/young person and their parent/carer to create a first-person centred profile or helping them update an existing profile. E.g., One-page profiles, Health care passports.

The purpose of the About Me is to:

- Explain a child or young person's needs clearly, to anybody working with or supporting the child or young person
- Explain to less familiar carers how individual children or young people express themselves
- Help a child or young person interact with their peer group and those around them
- Support people to understand the needs of the child or young person
- Help those working with the child or young person to keep calm and safe

There are two training dates to choose from. Training will be held virtually via Microsoft Teams:

Joining instructions for Eventbrite:

- <https://www.eventbrite.co.uk/e/about-me-profiles-information-event-for-parentscarers-and-professionals-tickets-264264992707>

We look forward to seeing you at the training session.

Thank you.

The About Me Project Group